

## **My Notes and Questions**

As you learn more about your illness and how it affects your life, write down what seems important. Also write down what you don't understand and any questions you want to ask your doctor or nurse.

My illness: \_\_\_\_\_

1) How does this affect my life?

2) What can I do to get better?

3) My medications:

4) Treatment and Therapy:

5) Other questions and concerns: